



**Glasgote Academy Curriculum: Personal, Social, Health, Economics (PSHE) Education Vocabulary**



Year Group	Autumn 1 <i>Being Me In My World</i>	Autumn 2 <i>Celebrating Difference</i>	Spring 1 <i>Dreams &amp; Goals</i>	Spring 2 <i>Healthy Me</i>	Summer 1 <i>Relationships</i>	Summer 2 <i>Changing Me</i>
<b>6</b>	<p>Laws Collaboration Participation Motivation Rights Responsibilities Rewards Consequences Democracy Decision Proud</p>	<p>Ability Disability Perception Medication Viewpoint Perspective Belonging Empathy Bullying Differences Perseverance Admiration</p>	<p>Achievement Realistic Unrealistic Personal Concern Hardship Suffering Empathy Motivation Compliment Contribution Recognition Sponsorship</p>	<p>Responsibility Immunisation Prevention Effects Motivation Prescribed Unrestricted/restricted Volatile Substances Exploited Vulnerable Pressure Anti-social behaviour</p>	<p>Mental health Ashamed Stigma Stress Anxiety Loss/Grief Denial Guilt Despair Hopelessness Acceptance Bereavement Coping Pressures Assertiveness Judgements</p>	<p>Self-image Self-esteem Opportunities Freedom Responsibilities Puberty Pregnancy* Embryo* Foetus* Placenta* Umbilical cord* Labour* Contractions* Cervix* Midwife* Attraction Relationships Pressure Love Sexting Consent Independence Identity Values Relationships Pressure Adolescent Compromise Negative body-talk Choice</p>

<p style="text-align: center;"><b>5</b></p>	<p> <b>Appreciation</b>  <b>Opportunities</b>  <b>Motivation</b>  <b>Challenge</b>  <b>Responsibilities</b>  <b>Wealth</b>  <b>Poverty</b>  <b>Privilege</b>  <b>Rewards</b>  <b>Consequences</b>  <b>Cooperation</b>  <b>Collaboration</b> </p>	<p> <b>Culture</b>  <b>Conflict</b>  <b>Differences</b>  <b>Similarities</b>  <b>Discrimination</b>  <b>Race</b>  <b>Bullying</b>  <b>Direct (Bullying)</b>  <b>Indirect (Bullying)</b> </p>	<p> <b>Achievement</b>  <b>Lifestyle</b>  <b>Profession</b>  <b>Contribution</b>  <b>Society</b>  <b>Determination</b>  <b>Perseverance</b>  <b>Motivation</b>  <b>Aspiration</b>  <b>Communication</b>  <b>Cooperation</b> </p>	<p> <b>Informed decisions</b>  <b>Pressure</b>  <b>Influence</b>  <b>Procedure</b>  <b>Recovery</b>  <b>Body image</b>  <b>Comparison</b>  <b>Self-respect</b>  <b>Debate</b>  <b>Opinion</b>  <b>Motivation</b> </p>	<p> <b>Characteristics</b>  <b>Attributes</b>  <b>Self-esteem</b>  <b>Responsibility</b>  <b>Community</b>  <b>Appropriate</b>  <b>Trustworthy</b>  <b>Mental/physical health</b>  <b>Personal information</b>  <b>Vulnerable</b>  <b>Choices</b> </p>	<p> <b>Self-image</b>  <b>Body image</b>  <b>Self-esteem</b>  <b>Perception</b>  <b>Characteristics</b>  <b>Affirmation</b>  <b>Media influences</b>  <b>Puberty</b>  <b>Menstruation</b>  <b>Periods</b>  <b>Menstrual towels/pads/cups</b>  <b>Tampons</b>  <b>Ovaries</b>  <b>Vagina</b>  <b>Oestrogen</b>  <b>Vulva</b>  <b>Womb/Uterus</b>  <b>Hormones</b>  <b>Sperm</b>  <b>Semen</b>  <b>Testicles</b>  <b>Erection</b>  <b>Ejaculation</b>  <b>Wet dream</b>  <b>Larynx</b>  <b>Facial hair</b>  <b>Growth spurt</b>  <b>Hormones</b>  <b>testosterone</b>  <b>Relationships</b>  <b>Conception*</b>  <b>Making love*</b>  <b>Sexual intercourse*</b>  <b>Pregnancy*</b>  <b>Fallopian tube*</b>  <b>Fertilisation*</b>  <b>Embryo*</b> </p>
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						<b>Contraception*</b> <b>Fertility treatment*</b> <b>Consent</b>
<b>4</b>	<b>Included</b> <b>Excluded</b> <b>Valued</b> <b>Responsibilities</b> <b>Rights</b> <b>Democracy</b> <b>Choices</b> <b>Decisions</b>	<b>Character</b> <b>Assumptions</b> <b>Judgement</b> <b>Appearance</b> <b>Deliberate</b> <b>Bystander</b> <b>Witness</b> <b>Bullying</b> <b>Characteristics</b>	<b>Determination</b> <b>Perseverance</b> <b>Resilience</b> <b>Disappointment</b> <b>Coping</b> <b>Self-belief</b> <b>Motivation</b> <b>Commitment</b> <b>Cooperation</b>	<b>Friendships</b> <b>Relationships</b> <b>Roles</b> <b>Leaders</b> <b>Assertive</b> <b>Value</b> <b>Pressure</b> <b>Anxiety</b> <b>Opinion</b>	<b>Relationships</b> <b>Jealousy</b> <b>Problem-solve</b> <b>Strategy</b> <b>Disbelief</b> <b>Denial</b> <b>Despair</b> <b>Hopelessness</b> <b>Acceptance</b> <b>Depression</b> <b>Memories</b> <b>Negotiate</b> <b>Compromise</b> <b>Loyalty</b> <b>Attraction</b> <b>Appreciation</b>	<b>Characteristics</b> <b>Puberty</b> <b>Menstruation</b> <b>Menstrual Cycle</b> <b>Periods</b> <b>Menstrual Pads/ pads/tampons /cups</b> <b>Period Pants</b> <b>Tampons</b> <b>Vagina</b> <b>Vulva</b> <b>Ovaries</b> <b>Womb</b> <b>Fallopian Tube</b> <b>Hormone</b> <b>Seasons</b> <b>Change</b> <b>Control</b> <b>Acceptance</b>
<b>3</b>	<b>Welcome</b> <b>Valued</b> <b>Achievements</b> <b>Solutions</b> <b>Rights</b> <b>Responsibilities</b> <b>Rewards</b> <b>Consequences</b> <b>Fairness</b> <b>Cooperation</b>	<b>Connected</b> <b>Differences</b> <b>Special</b> <b>Conflict</b> <b>Solutions</b> <b>Resolve</b> <b>Witness</b> <b>Bystander</b> <b>Consequences</b>	<b>Perseverance</b> <b>Challenges</b> <b>Success</b> <b>Obstacles</b> <b>Ambitions</b> <b>Cooperation</b> <b>Teamwork</b> <b>Motivated</b> <b>Enthusiastic</b> <b>Responsible</b> <b>Techniques</b>	<b>Calories</b> <b>Fitness</b> <b>Energy</b> <b>Healthy</b> <b>Attitude</b> <b>Emergency</b> <b>Harmful</b> <b>Complex</b> <b>Risk</b> <b>Appreciate</b>	<b>Relationships</b> <b>Jealousy</b> <b>Problem-solve</b> <b>Strategy</b> <b>Disbelief</b> <b>Denial</b> <b>Despair</b> <b>Hopelessness</b> <b>Acceptance</b> <b>Depression</b> <b>Memories</b>	<b>Babies</b> <b>Birth</b> <b>Growing up</b> <b>Uterus</b> <b>Womb</b> <b>Care</b> <b>Change</b> <b>Control</b> <b>Breasts</b> <b>Puberty</b>

			<p><b>Solutions</b> <b>Evaluate</b></p>		<p><b>Negotiate</b> <b>Compromise</b> <b>Loyalty</b> <b>Attraction</b> <b>Appreciation</b> <b>Sex (male and female)</b></p>	<p><b>Pubic hair</b> <b>Male</b> <b>Female</b> <b>Testicles</b> <b>Scrotum</b> <b>Sperm</b> <b>Penis</b> <b>Ovaries</b> <b>Egg</b> <b>Ovum/Ova</b> <b>Womb/Uterus</b> <b>Vagina</b> <b>Breasts</b> <b>Personal hygiene</b> <b>Genitals</b> <b>Unwell</b> <b>Infections</b> <b>Stereotypes</b> <b>Challenge</b> <b>Roles</b></p>
<p><b>2</b></p>	<p><b>Belonging</b> <b>Rights</b> <b>Responsibilities</b> <b>Consequences</b> <b>Cooperation</b> <b>Praise</b> <b>Reward</b></p>	<p><b>Similarities</b> <b>Differences</b> <b>Stereotypes</b> <b>Assumptions</b> <b>Special</b> <b>Purpose</b> <b>Bullying</b> <b>Diversity</b></p>	<p><b>Realistic</b> <b>Proud</b> <b>Achievement</b> <b>Persevere</b> <b>Challenge</b> <b>Success</b> <b>Teamwork</b> <b>Problem-solve</b></p>	<p><b>Healthy/unhealthy choices</b> <b>Motivation</b> <b>Lifestyle</b> <b>Dangerous</b> <b>Balanced</b> <b>Portion</b> <b>Proportion</b> <b>Nutritious</b> <b>Energy</b></p>	<p><b>Differences</b> <b>Similarities</b> <b>Relationship</b> <b>Cooperate</b> <b>Communication</b> <b>Not/Acceptable</b> <b>Trustworthy</b> <b>Reliability</b> <b>Honesty</b> <b>Compliments</b> <b>Appreciate</b></p>	<p><b>Change</b> <b>Life cycle</b> <b>Growing up</b> <b>Control</b> <b>Baby</b> <b>Toddler</b> <b>Child</b> <b>Teenager</b> <b>Adult</b> <b>Young/old</b> <b>Elderly</b> <b>Respect</b> <b>Physical</b> <b>Independent</b> <b>Freedom</b> <b>Responsibilities</b> <b>Male</b> <b>Female</b></p>

						<b>Penis</b> <b>Testicles</b> <b>Vulva</b> <b>Vagina</b> <b>Anus</b> <b>Touch</b> <b>Comfortable</b> <b>Uncomfortable</b> <b>Assertive</b> <b>Public</b> <b>Private</b>
<b>1</b>	<b>Belonging</b> <b>Rights</b> <b>Responsibilities</b> <b>Rewards</b> <b>Proud</b> <b>Consequences</b>	<b>Similarities</b> <b>Differences</b> <b>Bullying</b> <b>Included</b> <b>Unique</b> <b>Special</b>	<b>Proud</b> <b>Success</b> <b>Achievement</b> <b>Process</b> <b>Teamwork</b> <b>Celebration</b> <b>Challenge</b> <b>Feelings</b> <b>Goals</b>	<b>Healthy/unhealthy</b> <b>Balanced</b> <b>Exercise</b> <b>Choices</b> <b>Hygienic</b> <b>Trust</b> <b>Safe</b>	<b>Family</b> <b>Belong</b> <b>Different/same</b> <b>Qualities</b> <b>Caring</b> <b>Sharing</b> <b>Greeting</b> <b>Community</b> <b>Confidence</b> <b>Self-belief</b> <b>Relationships</b>	<b>Changes</b> <b>Life cycles</b> <b>Adulthood</b> <b>Baby</b> <b>Growth</b> <b>Change</b> <b>Coping</b> <b>Male</b> <b>Female</b> <b>Penis</b> <b>Testicles</b> <b>Vulva</b> <b>Anus</b> <b>Curious</b>
<b>R</b>	<b>Different</b> <b>Responsibilities</b> <b>Taking turns</b> <b>Sharing</b> <b>Nervous</b> <b>Feelings</b> <b>Similarity</b>	<b>Different</b> <b>Special</b> <b>Friends</b> <b>Similar</b> <b>Family</b> <b>Frightened</b> <b>Unique</b>	<b>Encourage</b> <b>Achievement</b> <b>Challenge</b> <b>Persevere</b> <b>Job</b> <b>Dream</b> <b>Goal</b> <b>Proud</b>	<b>Healthy</b> <b>Exercise</b> <b>Stranger</b> <b>Wash/clean</b> <b>Trust</b> <b>Active</b> <b>Safe</b> <b>Adult</b>	<b>Family</b> <b>Friends</b> <b>Relationships</b> <b>Lonely</b> <b>Feelings</b>	<b>Grown up</b> <b>Change</b> <b>Worry</b> <b>Excited</b> <b>Memories</b> <b>Healthy</b>

**\*Vocabulary covered in non-statutory sex education lessons**